

Instructions: Create a six-digit code in the boxes provided using, in order:

- 1: The first letter of your mother's maiden name
- 2: The second letter of your mother's maiden name.....
- 3: The last digit of your social security number.....
- 4: The day of the month you were born
(use a "0" before single digits).....
- 5: The last digit of the year you were born.....

For any information you do not know, please insert a zero.

PETTIT ATTACHMENT TO THOUGHT CONTENT SCALE (PATCS)

Below is a list of ways of people use their thinking at times. Please read each description carefully and circle the number to the right that best describes how much this type of thinking is prominent in your mind. A 0 means not at all; 1 means a little bit; 2 means moderately; 3 means quite a bit; 4 means extremely

KIND OF THINKING	DEGREE IT IS ON YOUR MIND				
	Not at all	A little bit	Moderately	Quite a bit	Extremely
Worry: Thinking about the "what-if's" to the point of finding it hard to act in the face of uncertainty.	0	1	2	3	4
Guilt: Thinking about remorse over past behavior.	0	1	2	3	4
Resentment: Thinking about being hurt by what others have done.	0	1	2	3	4
Upset: Thinking about how upset you are when things aren't the way you wanted them or expected them to be.	0	1	2	3	4
Unresolved Grief: Thinking about losses with which you have not come to peace.	0	1	2	3	4
Fear: Thinking about danger or harm to the point of painful anticipation.	0	1	2	3	4

Driven-ness: Thinking about having to constantly work hard to live up to an image of what you feel you need to be.	0	1	2	3	4
Analysis: Analyzing things to the point of confusion – going over and over the same thoughts in your mind.	0	1	2	3	4
Total average daily time spent in one or more of the above types of thinking over the past 7 days (in hours).	0 <1 hr	1 1-3 h	2 4-6 h	3 6-8 h	4 9 or more

In the boxes below, please check the one that indicates the degree to which you are experiencing external challenges (life circumstances that you find difficult) and internal stress (feeling of tension).

Indicate the degree to which you experience:	Not at all 0	A little bit 1	Moderately 2	Quite a bit 3	Extremely 4
External challenges					
Internal Stress					

1) Gender:

- Female
 Male

3) Marital Status:

- Never Married
 Married
 Widowed
 Divorced

2) Date of Birth ___/___/___

4) Ethnic Group:

- Native American or Alaskan
Native
 African American
 Asian or Pacific Islander
 Hispanic
 Caucasian (non-Hispanic)

5) Highest level of education you have completed:

- Grade School
 High School
 Trade School
 College
 Graduate Degree